

## Sit-to-stand using the ReTurn7500i – Q&A

Thank you for joining the EthosGPS webinar in collaboration with OTAC. Below, you will find the Q&A from the webinar on Thursday 23<sup>rd</sup> April. If you have any additional questions following the webinar, please email [ethos@handicare.com](mailto:ethos@handicare.com)

### **What ReTurn would you use for paediatrics?**

The ReTurn7400 would be our product of choice for paediatrics due to the shorter rising ladder however we recommend contacting your local Business Development Manager to conduct a joint EthosGPS remote assessment.

### **What ReTurn would you use for the plus sized individual?**

For the plus sized individual, over the weight of 150kg and up to 200kg we recommend the ReTurn7600. The ReTurn7600 has been specifically designed with the plus sized user in mind. Key features include larger castors to assist with manoeuvrability, larger base plate and wider/ taller ladder. As with the prescription of all equipment, a thorough risk assessment would need to be performed.

### **How do you adapt the width of the ReTurn?**

A key benefit of the ReTurn family is there is nothing to restrict the user's ability to come into standing, regardless of an individual's somatotype. Dependent upon user weight, there is a choice of rising ladder and base plate dimensions. Therefore, there is no requirement for the width of the ReTurn to be adapted.

### **Some people prefer the structure of other equipment rather than the ReTurn7500i, due to the structure of the ReTurn, they fear of a fall. How do you convince them even after assessing suitability and risk assessing?**

Confidence, practice, castors, ReTurnBelt, progress to QM?

### **Do you advise that the patient uses both hands to push up, similar to using a zimmer frame?**

If the user has the ability to push up with both hands, there is no reason why they should not, dependent on the initial risk assessment.

### **Are the brakes single application or are they separate to each other?**

The brakes on the ReTurn family can be operated individually.

### **Can the carer(s) use the loops on the ReTurnBelt to assist with the sit-to-stand?**

The loops on the ReTurnBelt should not be used to bring somebody into standing i.e. pulled into standing. The sit-to-stand task needs to be performed by the individual themselves and not by the use of the ReTurnBelt.

## **How easy is the ReTurn7500i/ ReTurn family to use on carpet?**

The manoeuvrability of the ReTurn7500i/ ReTurn family is dependent on certain factors for example flooring, user weight and how the equipment is being moved. Ensuring that the castors facing the right way and initiating smaller movements can have a positive impact.

## **Do you have to counterbalance the ReTurn7500i?**

Yes, you do need to counterbalance the ReTurn7500i when in use. There are two main ways to counterbalance the ReTurn's (7400, 7500i or 7600) by standing behind the equipment facing the client whilst maintaining a hold on the rising ladder with a good base of support and by standing to the side of the equipment and counterbalancing the frame with the palm of your hand as the client comes to a stand or seated position. The same would apply for an assisted sit-to-stand. For more information please refer to the User Manual:

[file:///C:/Users/STB3/Downloads/manual\\_return7500\\_7400\\_840\\_multilingual\\_ver-14%20\(1\).pdf](file:///C:/Users/STB3/Downloads/manual_return7500_7400_840_multilingual_ver-14%20(1).pdf)

For a demonstration or to discuss in more detail please contact your local Business Development Manager.

## **Do you need to use the ReTurnBelt if using the ReTurn7500i with one carer?**

The use of the ReTurnBelt is dependent on the initial risk assessment of the individual that will perform the sit-to-stand task.

## **Is the ReTurnBelt essential or optional?**

The ReTurnBelt is optional, dependent on the individual concerned.

## **How is the FlexiGrip attached to the ReTurn7500i?**

To arrange a demonstration please contact your local Business Development Manager.

## **Do you always need to fasten the clip on the ReTurnBelt before standing?**

The fastening of the clip on the ReTurnBelt will be dependent on whether the 'i' function on the ReTurn7500i is being utilised for the sit-to-stand.

## **Is the PantLock sold separately?**

Yes, the PantLock is available via the Handicare Patient Handling WebShop (<https://www.handicareshop.co.uk/>) or via your local Business Development Manager.

## **Are there any tips or advice for measuring the service user for a ReTurnBelt?**

The measurements of the ReTurnBelts are available on our website under the specification tab - <https://www.handicare.co.uk/product/returnbelt/>

## **Contact your local Business Development Manager:**

[https://www.handicare.co.uk/contactus/meet\\_the\\_team/](https://www.handicare.co.uk/contactus/meet_the_team/)

## **Handicare YouTube:**

<https://www.youtube.com/user/SystemRoMedic/videos>

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